

**New Jersey Department of Labor & Workforce Development**  
**Resource Guide for the Coronavirus Emergency**

Office of Strategic Planning & Outreach

Last updated 4/21/20

\*Please note – the “read client this short URL” is for when you are speaking to a client over the phone and need to give them the web address.

1. MY CORONAVIRUS SITUATION is XYZ, what benefit do I **qualify** for –
  - a. Scenarios Resource: <https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>
    - i. Read client this short URL: [nj.gov/labor/scenarios](https://www.nj.gov/labor/scenarios)
    - ii. This document is also available in Spanish on our general COVID webpage.
  - b. Frequently Asked Questions: <https://www.nj.gov/labor/worker-protections/earnedsick/covidFAQ.shtml>
    - i. Read client this short URL: [nj.gov/labor/covidFAQ](https://www.nj.gov/labor/covidFAQ)
    - ii. PDF version: <https://www.nj.gov/labor/assets/PDFs/NJWorkersFAQs.pdf>
      1. Read client this short URL: [nj.gov/labor/NJWorkers](https://www.nj.gov/labor/NJWorkers)
2. MY SITUATION involves both **Unemployment AND Temporary Disability/Family Leave** Benefits
  - a. Resource: <https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>
    - i. Read client this short URL: [nj.gov/labor/scenarios](https://www.nj.gov/labor/scenarios)
  - b. Resource: See “Pregnancy, Caregiving, UI” tab in <https://www.nj.gov/labor/worker-protections/earnedsick/covidFAQ.shtml>
3. What time should I be **certifying** for benefits?
  - a. Resource: <https://myunemployment.nj.gov/labor/myunemployment/schedule.shtml>
    - i. Read client this short URL: [nj.gov/labor/schedule](https://www.nj.gov/labor/schedule)
4. I don’t understand **how to answer the questions on the unemployment application**. They don’t make any sense during coronavirus. HELP!
  - a. Resource: <https://myunemployment.nj.gov/labor/myunemployment/covidinstructions.shtml>
    - i. Read client this short URL: [nj.gov/labor/certify](https://www.nj.gov/labor/certify)
5. What about my **federal leave rights**? Don’t I get more sick days or time to care for a child out of school?
  - a. Resource: <https://www.nj.gov/labor/assets/PDFs/FamiliesFirstCoronaResAct.pdf>
    - i. Read client this short URL: [nj.gov/labor/COVIDpaidleave](https://www.nj.gov/labor/COVIDpaidleave)

- b. Resource: <https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>
    - i. Read client this short URL: [nj.gov/labor/scenarios](https://www.nj.gov/labor/scenarios)
  - c. Resource: <https://www.nj.gov/labor/worker-protections/earnedsick/covidFAQ.shtml>
    - i. Read client this short URL: [nj.gov/labor/covidFAQ](https://www.nj.gov/labor/covidFAQ)
6. I am **self-employed**. What am I eligible for?
- a. Visit <https://myunemployment.nj.gov/labor/myunemployment/independentcontractors.shtml>
  - b. Two guides for self-employed on: [Benefits Available](#) and [How to File for Unemployment Assistance](#)
7. What are my **job protection/non-discrimination rights** when I am on leave?
- a. NJ Family Leave Act:
    - i. [https://www.nj.gov/oag/dcr/downloads/NJ\\_DCRFAQs\\_on\\_COVID-19\\_Final\\_20200318\\_ENG.pdf](https://www.nj.gov/oag/dcr/downloads/NJ_DCRFAQs_on_COVID-19_Final_20200318_ENG.pdf)
    - ii. <https://www.nj.gov/governor/news/news/562020/approved/20200414d.shtml>
  - b. US Family & Medical Leave Act (FMLA): <https://www.dol.gov/agencies/whd/fmla>