



Statewide Parent  
Advocacy Network

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35 Halsey St., Fourth Floor, Newark, NJ 07102  
Phone: 973-642-8100 Fax: 973-642-8080  
Toll-free: 1-800-654-SPAN  
Website: [www.spanadvocacy.org](http://www.spanadvocacy.org)

## TIPS FOR FAMILIES IMPACTED BY HURRICANE SANDY

Please also see SPAN's Economic & Health Resources for Families, available in English and Spanish, on our website at <http://www.spanadvocacy.org/content/economic-health-resources-families-nj> (English) <http://www.spanadvocacy.org/content/recursos-economica-y-con-la-salud-para-familias> (Español) or call us to get information or for a copy of these handouts at 800-654-SPAN (7726). Check us out at [www.spanadvocacy.org](http://www.spanadvocacy.org), on our Facebook page, or follow us on Twitter @spanvoice.

### General Information

Call 211 if you need information on local resources in your county/community. You can also find information at <http://www.nj211.org/hurricane.cfm>.

### Finding Gas

- Twitter #njgas
- <http://nj211.org/hurricane.cfm#gas>
- <http://readynj.posterous.com/list-of-pharmacies-hotels-restaurants-and-gas>

### Finding Open Grocery Stores

- Twitter #njopen
- <http://www.nj211.org/hurricane.cfm#food>
- <http://readynj.posterous.com/list-of-pharmacies-hotels-restaurants-and-gas>

### Finding Open Pharmacies

- Twitter #njopen
- <http://www.nj211.org/hurricane.cfm#rx>
- <http://readynj.posterous.com/list-of-pharmacies-hotels-restaurants-and-gas>

### Getting Emotional Support

- NJ Mental Health Cares Disaster Helpline 877-294-4357; TTY 877-294-4356
- SAMHSA Disaster Counseling hotline [www.disasterdistress.samhsa.gov/](http://www.disasterdistress.samhsa.gov/)

### Accessing Public Health Experts

- To ask questions about food safety, water safety, mold removal: 211 or 866-234-0964 (211 is open 24/7; public health officials will be available from 8 am to 8 pm M-F and 10 am to 5 pm weekends)

### Replacing Lost Medication/Getting Prescription Assistance

- **If medicine is lost:** Call your pharmacy (if they are open) and they will contact your doctor's office (if they are open) to get the prescription refilled.
- If you are a **Medicaid** recipient, contact your HMO; they may have emergency information on pharmacies that you can use if your pharmacy is not open.
- Anyone affected by Hurricane Sandy on **Pfizer** medications who needs assistance can contact the Pfizer Connection to Care program @ 1-866-706-2400 and follow the prompts for an operator.
- **RX4NJ: Subsidized Prescription Medicines:** For more information, call 1-888-RXFORNJ (1-888-793-6765) or go to [www.rx4nj.org](http://www.rx4nj.org).



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**Applying for Food Stamps, TANF, Medicaid/NJ Family Care, Low Income Home Energy Assistance:**

**NJ HELPS WEBSITE:** Apply online in English or Spanish for food stamps and TANF at <https://oneapp.dhs.state.nj>. You can apply for assistance in person at your county social services office. **Call "2-1-1" / 1.800.510.3102 (LIHEAP) / 1.866.240.1347 (USF), if you need help paying your utility bills.** They are open 24 hours a day, seven days a week. Language translation and TTY available.

If you have a **utility-related emergency**, dial 911, but to report **power outages**, contact your local utility company: PSE&G 800-436-7734; Atlantic City Electric 800-833-7476; or South Jersey Gas 800-582-7060.

**Applying for Storm-Related Disaster Unemployment Insurance:**

Residents, including self-employed individuals, of Atlantic, Cape May, Essex, Hudson, Middlesex, Monmouth, Ocean and Union Counties may qualify for federal Disaster Unemployment Assistance as a result of the devastation caused by Hurricane Sandy. If you are unemployed because of damage of Hurricane Sandy, please file for benefits by going to <https://njsuccess.dol.state.nj.us/html/uimain.html>. Those seeking benefits under this program must apply by December 3, 2012

**Applying for Federal Emergency Management Assistance**

- FEMA’s Call Center at 800-621-FEMA (800-621-3362); TTY 800-462-7585, or on-line at <http://www.fema.gov/register.shtm> or [www.DisasterAssistance.gov](http://www.DisasterAssistance.gov); mobile at m.fema.gov; toll-free lines are available from 7 am to 10 pm 7 days a week. Detailed tips to apply are at [www.nj211.org/hurricanefema.cfm](http://www.nj211.org/hurricanefema.cfm). You can find out information on your closest Disaster Recovery Center, where you can meet with program representatives and get information about aid and the recovery process, at 800-621-3362 or on-line at <http://asd.fema.gov/inter/locator/home.htm>. Spanish-speaking Twitter users can get updates at @FEMAESpanol.

If you are having difficulty navigating the FEMA process, you may contact your federal representatives:

Senator Bob Menendez: (856) 757-5353	Senator Frank Lautenberg: (856) 338-8922
Congressman Rob Andrews: (856) 546-5100	Congressman Rush Holt: (609) 750-9365
Congressman Frank LoBiondo: (609) 625-5008	Congressman Jon Runyan: (856) 780-6436
Congressman Chris Smith: (609) 585-7878	Congressman Scott Garrett: (201) 444-5454
Congressman Frank Pallone: (732) 249-8892	Congressman Bill Pascrell: (973) 523-5152
Congressman Steve Rothman: (201) 646-0808	Congressman R. Frelinghuysen: (973) 984-0711
Congressman Albio Sires: (201) 222-2828	

**Special Child Health Services Case Management Units (SCHS CMU)**

If you have a child with special healthcare needs, and want to find out if your county SCHS Case Management Unit is open and functioning, call the NJ Department of Health at 609-777-7778.

**Doing Laundry**

Go to [www.TIDELoadsofHope.com](http://www.TIDELoadsofHope.com) to get information on where they will have their laundry trucks.